



# Career Coaching

STANDARD AGENDA (Most agenda's are adapted to your specific situation)

Our experienced consultants & coaches help you to ...

- Adapt to a major change,
- Succeed in your "on-boarding" with a new employer,
- Successfully take on a new challenge,
- Prepare for effective internal mobility,
- Optimally manage your priorities, time and stress,

## PURPOSE

Globalization, the digital revolution and now the health, economic, social and political crises have accentuated a Volatile, Uncertain, Complex and Ambiguous (VUCA) world of work that demands new qualities both at the societal and individual levels. Faced with this climate, the company demands new leadership skills, rethinks its structure, optimizes its procedures, revisits its customer and supplier portfolios, retains its talents, launches innovative products, sets new objectives, reduces costs, ...

And this is not without impact on the professional lives of individuals. Some are dismissed following a reorganization or bankruptcy, others are offered another function and still others consciously decide to give a new direction to their career or to give more meaning and fulfillment to their professional commitment.

Therefore, skills such as **agility, resilience, adaptation** to change, **flexibility** become essential in order to take **advantage of the opportunities** created by this changing environment.

- Rebalance your private/professional scale,
- Improve your performance,
- Ensure your well-being at work,
- Boost your motivation,
- Give meaning to your activities,
- Create a clear vision,
- Clarify your goals.